





**Dr. David Podeszwa** is a Professor of Orthopedic Surgery in the Department of Orthopedic Surgery at the University of Texas Southwestern Medical Center and serves as the Clinical Director of the Center for Excellence in Limb Lengthening and Reconstruction at Scottish Rite for Children in Dallas, TX. He is also Co-Director of the Controversies in Pediatric Limb Reconstruction symposium help at Scottish Rite for Children.



**Philip K. McClure, MD, FAAOS,** is Assistant Director of the International Center for Limb Lengthening where he is a board-certified orthopedic surgeon specializing in limb lengthening and reconstruction. His practice focuses on children and adults who require limb recon struction and/or lengthening due to trauma, infection, congenital conditions and genetic syndromes.

Dr. McClure serves as the director of the intensive one-year Limb Reconstruction Fellowship Program at the ICLL. He also co-chairs the annual Baltimore Limb Deformity Course where over 250 surgeons come to Baltimore to be trained in limb lengthening and deformity correction.

For more information, visit Ilrs.org

Questions? Contact info@llrs.org or wrrobins@lifebridgehealth.org

# Essentials of Lower Extremity Reconstruction January 26 & 27, 2024

Scottish Rite for Children Dallas,TX

The Essentials of Lower Extremity Reconstruction course presents the basics of deformity analysis and external fixation constructs with a focus toward senior residents and orthopedic fellows. The course has collected faculty from across the country with expertise in deformity analysis and correction, with a focus on the applications of advanced deformity correction to common orthopedic pathology in the lower extremity. The importance of thorough clinical and radiographic evaluation is highlighted in relation to arthroplasty, sports reconstruction, trauma and pediatric orthopedics. Hands-on sawbone labs are designed to highlight the principles of stable external fixation and reconstruction, with interactive sessions reviewing a comprehensive system for deformity analysis and reconstruction.



Essentials of Lower Extremity Reconstruction is presented by a partnership between Limb Lengthening and Reconstruction Society and the Baltimore Limb Deformity Course, LifeBridge Health.



### **Friday**

7:15-7:55 am	Registration, Continental Breakfast, and Visit with Corporate Partners
7:55-8:00 am	Introduction and Objectives - Philip K. McClure, MD
8:00-8:15 am	Case-Based Lecture – Power of Deformity Correction and Frame Skills – Christopher A. lobst, MD
8:15-8:35 am	What Is Straight? Frontal and Sagittal Analysis and Nomenclature – John G. Birch, MD
8:35-9:05 am	Lab: Normal Frontal and Sagittal Plane Measurement - L. Reid Nichols, MD
9:05-9:20 am	Case Discussion: Multiply Failed ACL Reconstruction with Symptomatic Instability – Jill C. Flanagan, MD
9:20-9:35 am	Case Discussion Arthroplasty vs. Osteotomy for Deformity Correction – J. Spence Reid, MD
9:35-9:50 am	Deformity Principles in Trauma: Joint Line Angles for Periarticular Fractures – Michael Assayag, MD
9:50-10:05 am	Open Discussion
10:05-10:20 am	Break and Visit with Corporate Partners
10:20-10:35 am	Assessment of Malalignment (MAD and APEX) - David Podeszwa, MD
10:35-10:55 am	Bisector Line/Osteotomy Rules with Bone Ninja - Philip K. McClure, MD
10:55-11:45 am	Lab: Tibial Frontal Plane/Single - Level Deformities - Michael Assayag, MD
11:45 am-12:45 pm	Lunch and Visit with Corporate Partners
12:25-12:45 pm	Luncheon Presentation: History of Ilizarov - Alexander Cherkashin, MD
12:45-1:10 pm	Case-Based Lecture: Introduction to Ring Fixation – J. Spence Reid, MD
1:10-2:40 pm	Frame Stability Lab (Lucite Lab) – Mikhail Samchukov, MD
2:40-3:00 p.m	Break and Visit with Corporate Partners.
3:00-3:15 pm	Corticotomy/Osteotomy Techniques – Jill C. Flanagan, MD
3:30-4:50 pm	Hands-On Lab: Frame Stability with Anatomic Limitations – All Faculty
5:00 pm	Adjourn for Day – Dinner On Own

### Registration

The course is FREE for Senior Residents (PGY3-5), Pediatric Fellows, and Trauma Fellows

Register at Ilrs.org

Participants must send a letter stating they are currently a Resident or Fellow to info@llrs.org

Questions? Contact info@llrs.org or wrrobins@lifebridgehealth.com

## **Saturday**

7:30-8:00 am	Continental Breakfast and Visit with Corporate Partners
8:00-8:05 am	Introduction and Objectives – David Podeszwa, MD
8:05-8:50 am	Lab: Femur Frontal Plane Single-Level Deformities – Michael Assayag, MD
8:50-9:05 am	Advanced Concepts: Double-Level, Oblique Plane, Sagittal Plane – Philip K. McClure, MD
9:05-9:20 am	Case Discussion: Tibia Tubercle, Arrest Post ACL – Elizabeth Hubbard, MD
9:20-9:35 am	Trauma Case Discussion – J. Spence Reid, MD
9:35-9:50 am	Principle-Based Cases In Pediatrics – John G. Birch, MD
9:50-10:05 am	SMO: Acute vs. Gradual - Marie Gdalevitch, MD
10:05-10:20 am	Break and Visit with Corporate Partners
10:20-11:50 am	Hands-On Lab: Fixation Options for Pilon Frame Bridged to Foot – MichaelAssayag, MD; All Faculty
11:50 am-12:35 pm	Lunch and Visit with Corporate Partners
12:35-1:00 pm	Bone Defect Case Discussion – Marie Gdalevitch, MD
1:00-2:20 pm	Hands-On Lab: Bone Transport Frame – J. Spence Reid, MD; All Faculty
2:20-2:40 pm	Introduction to Hexapod Methods: Software Concepts in Hexapod Reconstruction – Mikhail Samchukov, MD
2:40-2:55 pm	Break and Visit with Corporate Partners
2:55-3:55 pm	Hands-On: Mid-Tibial Fracture: Rings First, Build Only – All Faculty
3:55-4: 15 pm	Clinical and Radiographic Examination of Deformity – L. Reid Nichols, MD
4:15-4:25 pm	OR Set-Up for Ring Fixation Cases – Christopher A. lobst, MD
4:25-4:40 pm	Clinical Management of Patient In a Frame – Alexander Cherkashln, MD
4:40-5:00 pm	Management of Regenerate Bone – Michael Assayag, MD
5:00-5:15 pm	Questions/Evaluation – All Faculty
5:15 pm	Adjourn

# **Objectives**

- 1. Describe the components of deformity analysis of the lower extremity;
- 2. Plan basic deformity correction (i.e., single-level, coronal plane);
- 3. Employ the concepts of stable circular frame construction for the application in deformity correction, bone lengthening, and fracture cases;
- 4. Construct a basic stable tibial circular frame (deformity, trauma, transport); and
- 5. Explain the basics of regenerate bone formation along with the concepts for basic regenerate care.