



## LLRS Quarterly Newsletter Spring 2024



### Update from the LLRS President Dr. Stephen Quinnan

It continues to be exciting times for the LLRS in 2024. We had a successful second ELER course in Dallas. I encourage you to read Dr Podeszwa's report below. We also just had our own deformity section at the AAOS annual meeting for the first time this year in San Francisco. We also represented strongly at the ICLs with many supported by our society.

Our annual meeting is approaching us quickly and so far the response is very strong! We have an engaging meeting planned, including a pre-course

## Upcoming Events

### EPOSNA (POSNA and EPOS)

#### Annual Meeting

**May 8-11, 2024**

National Harbour, MD

- [learn more](#)

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### 3rd Annual UCSF Pediatric Limb Difference Webinar -

#### A Team Approach to Pediatric Limb Optimization: Local to Global

**June 7, 2024**

- Meeting Contact:  
[limbdifferences@ucsf.edu](mailto:limbdifferences@ucsf.edu)

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## LLRS 33rd Annual Scientific Meeting

focused on a journey in the medical and surgical care of a traumatically injured limb injury with a focus on new technologies and techniques. My partner and founding member of the LLRS, Dr. Dror Paley, has agreed to be one of our guest speakers this year in what will be an exciting lineup. I encourage you to submit abstracts as they are due on April 5th.

Under the guidance of my friend and our current Vice President, Dr Christopher Iobst, LLRS will focus on providing our members with the latest research regarding our own wellness. I encourage you to read the article featured in this newsletter. On that same topic, bring your family to South Florida for our annual meeting, and spend some time in the Sunshine State - absorbing the most recent research, reconnecting with friends and colleagues, and taking some time to relax with the people you hold most dear.

See you all this summer!!



### LLRS Member Spotlight

[Read about Marie Gdalevitch](#) - ELER instructor and limb deformity surgeon in Montreal Canada - her favorite cases, entrepreneurship, and her experience with LLRS.

**July 12-13, 2024**

Pre-course: July 11th - Journey of the Traumatized Limb

Margaritaville Beach  
Resort  
Hollywood, FL

- **Abstracts due April 5th**
- **Meeting Registration**
- **Housing Registration**

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**Membership Dues are to be paid by May 1, 2024. Login to your portal to pay.**

## LLRS - MEMBER PUBLICATIONS

[Click here](#) to read recent publications from our LLRS members.

### Journal of Limb Lengthening and Reconstruction Update (JLLR)

*Dr. Jessica Rivera - Research Chair*

The LLRS is happy to announce that we are now owners of the Journal of Limb Lengthening & Reconstruction. This is the result of several years of

### Essentials in Lower Extremity Reconstruction (ELER)

*Dr. David Podeszwa - Education Chair*

The second annual ELER course was held this past January in Dallas and was a

effort working with the inaugural Editor-in Chief, Dr. Milind Chaudhary and the Association of Study & Application of Methods of Ilizarov (ASAMI-BR) towards transitioning the Journal to LLRS. The journal publishes original research articles, review articles, case reports, editorials, expert opinions, and letters to the editor on topics in the field of limb lengthening, deformity correction, post-traumatic reconstruction, post-tumor reconstruction, and congenital limb differences.

Two issues are published each year. Drs. Jessica Rivera, Christopher Iobst, and Raymond Liu will serve as co-editors in chief for our first January - June 2024 issue. We encourage members of LLRS to **submit their work for peer review**.

We wish to thank our colleague and friend Dr. Chaudhary for leading the charge for JLLR since its inception and the leadership of LLRS past and current presidents Drs. Fragomen, Liu, Nichols, and Quinnan who led our efforts during the transition of the Journal to LLRS.

tremendous success. ELER is a hands-on course for residents and fellows focusing on the basics of deformity analysis and circular external fixation, co-created and directed by the LLRS and the Baltimore Limb Deformity Course. This year's course attracted 31 trainees from across the US and Canada. The faculty, all LLRS members, represent all specialties within the LLRS, including trauma, foot and ankle, tumor, and pediatrics. Attendee satisfaction surveys were extremely positive and we are already planning for the third annual ELER January 23-24, 2025 in Dallas.

**Please spread the word to your residents and fellows about this premier educational opportunity!**



At LLRS, we recognize the impact we have on our patients, but also that our surgeries are some of the most complex and challenging within orthopaedic surgery. We encourage our members to focus on taking steps to improve their own wellness.

Each quarter, we spotlight a new article published on physician wellness. In this edition, we encourage our readers to review this original research by former LLRS president, Dr Raymond Liu

**Gantsoudes, G., Clarke, A., & Liu, R. W. (2022). Increased Incidence of Early Mortality in POSNA Members: A Canary in the Coalmine? : Original Research. Journal of the Pediatric Orthopaedic Society of North America, 4(3). <https://doi.org/1>**

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